COVID -19 REHABILITATION PATIENT SUCCESS TOOL

Patient name: _____

Date: _____

Patient number: _____

Dear Patient,

To get you home, we need to plan from the beginning. Please fill this information out when you come to the hospital. Review it weekly with your nurse and loved ones to help you get ready to go home.

Pain:

☐Yes ☐no

Please rate your pain

Function before illness:

☐Yes	☐no	Working
☐Yes	☐no	Use an assistive device such as a cane or walker
☐Yes	☐no	Need to have someone else help you with basic activities
☐Yes	☐no	Needed to have help with heavy work like yardwork
☐Yes	☐no	Needed to have help with thinking work like paying bills

Right now: (Barthel Index)

☐ able ☐ need help	☐cannot	Eat
☐ able ☐ need help	☐cannot	Bathe
☐ able ☐ need help	☐cannot	Comb hair, shave, wash
☐ able ☐ need help	☐cannot	Put on and take off clothes
☐ able ☐ need help	☐cannot	Control my bowels
☐ able ☐ need help	☐cannot	Control my bladder
☐ able ☐ need help	☐cannot	Use the toilet by myself
☐ able ☐ need help	☐cannot	Get into a chair and back
☐ able ☐ need help	☐cannot	Walk
☐ able ☐ need help	☐cannot	Go up and down stairs

Going home:

☐Yes	☐no	I can get in and out of the house
☐Yes	☐no	I can get into the bathroom and bedroom
☐Yes	☐no	I'll have the food, heat, and water I need
☐Yes	☐no	Someone who is able to help me will be there

Name of Primary Caregiver: _____

Phone number: _____

The week of discharge:

☐Yes	☐no	I have the assistive devices and supplies I need (cane, wheelchair)
☐Yes	☐no	I know the medicines I'll take when I go home
☐Yes	☐no	My family or support knows how to take care of me
☐Yes	☐no	I've been connected to a rehabilitation and exercise plan

When I get home:

☐Yes	☐no	I'll feel safe at home
☐Yes	☐no	I think I'll likely fall
☐Yes	☐no	I think I'll likely fall apart emotionally
☐Yes	☐no	I think my caregivers will likely fall apart emotionally
☐Yes	☐no	I won't have enough money to survive the next month

Do you have any other concerns that you wish a rehabilitation expert would address?

_____

Please return this form to _____

The International Rehabilitation Forum (IRF) is a 501c3 organization that brings together people and institutions that have the passion, expertise and interests in solving issues abroad relating to rehabilitation medicine. It works with universities, governments, and NGOs to enhance medical rehabilitation around the world. For more information, see www.RehabForum.org.